

Abstract of the Disclosure

A system for providing information as a function of factors which place a workload on the driver when he is driving a motor vehicle. Information is output as a function of the load factors which act objectively on the driver, driver activities and driver-specific driver characteristics which influence the driving of the vehicle. The system is advantageously used in motor vehicles for the purpose of relieving the load on the driver so that very largely in all driving situations the driver is prevented from being overloaded, permitting the vehicle to be driven in a relaxed way.